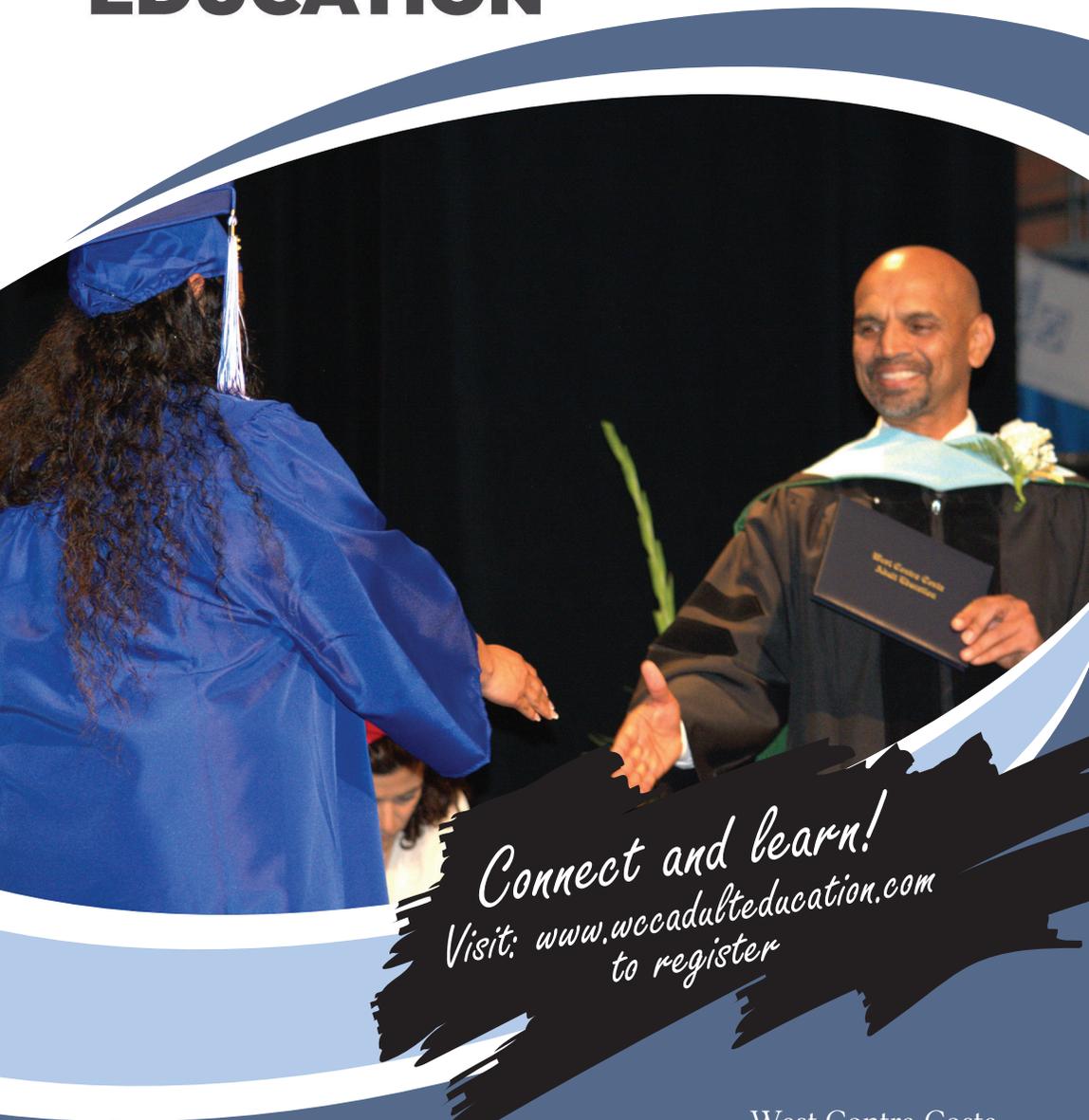


WEST CONTRA COSTA

ADULT EDUCATION



*Connect and learn!
Visit: www.wccadulthoodeducation.com
to register*

West Contra Costa
Unified School District
Adult Education

Course Catalog

Fall 2024 /
Winter 2025

Registration is now open | www.wccadulthoodeducation.com

Alvarado Campus • 5625 Sutter Avenue • Richmond, CA 94804 • 510-231-1453

WEST CONTRA COSTA

ADULT EDUCATION



ADMINISTRATION

Principal: Mr. Jeffrey Carr

Assistant Principal: Ms. Erica Ehmann

WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

Jamela Smith-Folds, Trustee, Area 1

Otheree Christian, Trustee, Area 2

Mister Phillips, Trustee, Area 3

Demetrio Gonzalez Hoy, Trustee, Area 4

Leslie Reckler, Trustee, Area 5

Lola Abdugapparov, Student Trustee

Camille Paucar, Student Trustee



HOW TO REGISTER

REGISTER ON-LINE:

Go to www.wccadulthoodeducation.com and click “Register Here” or any register on-line link. Credit or debit card required for payment.

REGISTER IN PERSON:

Alvarado Campus, 5625 Sutter Ave. Richmond. Check, Credit and Debit cards accepted. Forms are available in the office.

REGISTRATION CAN BE DONE AT:

ALVARADO CAMPUS, 510-231-1453	8AM-5:30PM 8AM-4PM	MON-THU FRI
DEJEAN ADULT CENTER, BLDG E, 510-231-1453 Entrance at 35th and Chanslor Ave.	8AM-4PM	MON-FRI
RICHMOND HIGH, EVENING ESL, 510-231-1450, EXT 27787	6PM-9PM	MON-THU

TO REGISTER BY MAIL:

Registrations for fee-based Community Interest classes can be completed at the Alvarado Campus or Online at www.wccadulthoodeducation.com

NOTE: If you are registering for our High School Diploma, GED, Adult Basic Education classes or our English as a Second Language (ESL) classes, you must first attend an orientation. You can sign up for orientations by calling our office (510-231-1453), completing in person registration, or going online (wccadulthoodeducation.com) and clicking on the Learn English, Earn your Diploma or GED buttons.



GENERAL INFORMATION

ADMISSIONS/ELIGIBILITY:

Classes are open to all adult students 18 years of age or older, regardless of residency or citizenship.

CHILDREN/UNDER 18:

Children or any individual under 18 years old are not permitted in any Adult Education class.

CLASS CANCELLATION POLICY :

Students must attend the first class session in order to establish the class. Fees are based on a minimum number of students. Classes may be canceled, hours reduced, or fees increased if we do not have the minimum number of students enrolled for all daytime and evening classes.

REFUND POLICY :

All requests for refunds must be in writing (email accepted). Class fees will NOT be refunded for any reason if the written request is less than two (2) business days BEFORE the start of class. Refund requests incur a \$25 service charge per class. If a class is cancelled by WCCAE for any reason, a full refund will be made automatically. No refunds are provided for books.

UNIFORM COMPLAINT PROCEDURES/SEXUAL HARASSMENT POLICIES :

WCCUSD recognizes its responsibility to ensure compliance with state and federal laws and regulations governing educational programs and activities. In accordance with state guidelines, WCCUSD has adopted Uniform Complaint Procedures (UCP). The District prohibits any form of sexual harassment. **UCP complaints can be filed by completing the Complaint Form (English) (Spanish)** . Copies of these policies are also available from our office.

NON-DISCRIMINATION POLICY :

West Contra Costa Adult Education does not discriminate on the basis of race, color, national origin, religion, gender or handicap in any of its policies, procedures or practices. <https://www.wccusd.net/Page/9608>

PRIVACY STATEMENT:

West Contra Costa Adult Education is committed to maintaining the privacy of your personal information needed for registration and for student program records. We strictly adhere to the California Department of Education Privacy Policy, (Government Code §1105.5) in our on-site and on-line registration procedures and management of student records.

ORDERING TRANSCRIPTS:

Requests for transcripts can be made in person at our Alvarado Campus, by phone, or by mail. All requests for transcripts must include the following information: ♦ Last Name ♦ First Name ♦ Date of Birth ♦ Street Address ♦ City-State-Zip Code ♦ Telephone number ♦ Any other names used while enrolled ♦ Last school attended ♦ Graduation status. The transcript request form is available on our website, <https://www.wccadulthoodeducation.com/transcripts>

There is a \$5.00 charge per transcript which must be paid at time of request. There is a 3-5 day processing time. Mail your request to: WCCAE - Alvarado Campus, 5625 Sutter Ave., Richmond 94804, along with a check or money order payable to : West Contra Costa Adult Education. You may also email your completed transcript request to adulthood@wccusd.net.

To request your High School Equivalency transcripts (formerly known as the GED), please contact https://ged.com/life_after_ged/ or call Customer Service at 1-916-319-0800.

WCCAE reserves the right to add, cancel, or reschedule courses due to available funding, staffing, scheduling or administrative requirements

WEST CONTRA COSTA ADULT EDUCATION

ADULT SECONDARY EDUCATION

HIGH SCHOOL DIPLOMA, GED
AND ADULT BASIC EDUCATION+ ADULT SECONDARY EDUCATION
(ASE) CLASSES

HIGH SCHOOL DIPLOMA

MORNING CLASSES.

Instructor	Day(s)	Time
DeJean	MON, TUE, WED, THU	9:00am to 12:00pm

EVENING CLASSES.

Instructor	Day(s)	Time
DeJean	MON, TUE, WED, THU	6:00pm to 9:00pm
Richmond High	MON, TUE, WED, THU	6:00pm to 9:00pm

GED - ENGLISH AND SPANISH

To register - www.wccadulthoodeducation.com

GED - ENGLISH

Instructor	Day(s)	Time
DeJean	MON & WED or TUE & THU	6:00pm to 8:30pm
Online	MON & WED or TUE & THU	6:00pm to 8:30pm

GED - SPANISH

Instructor	Day(s)	Time
Richmond High	MON & WED or TUE & THU	6:00pm to 8:30pm
Online	MON & WED or TUE & THU	6:00pm to 8:30pm

ADULT BASIC EDUCATION

Improve your reading, writing, math skills to prepare for your career and enrich your life. To register:

<https://wccae.asapconnected.com/#CourseGroupID=58626>

GED - ENGLISH

Instructor	Day(s)	Time
Alvarado	MON & WED	10:00am to 12:30pm

GED - SPANISH

Instructor	Day(s)	Time
Richmond High	MON & WED	6:00pm to 8:30pm
DeJean	TUE & THU	6:00pm to 8:30pm

LOCATIONS

DEJEAN ADULT CENTER

101 35th Street (Corner of 35th and Chanslor, east side of DeJean Middle School campus), Richmond

RICHMOND HIGH SCHOOL

1250 23rd Street, Richmond

+ ADULTS WITH DISABILITIES**LANGUAGE DEVELOPMENT SKILLS**

Alzheimer Respite - El Cerrito Community Center, 7007 Moeser Lane, El Cerrito, (510) 559-7000. Our Language A one

day respite designed to help people with dementia stay at the highest function level possible. Activities consist of art, puzzles, memory quizzes, exercise, lunch, live music and a visit from a therapy dog.



Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
70040.00	Kehoe	El Cerrito Community Center	No Fee	9/3-5/27	Ongoing	TUE	10:00am-3:00pm

+ 55+ CLASSES**LIFELONG LEARNING - SAKURA KAI**

This course enhances health with exercise yoga; improves skills in technology with iPhone, iPad, Smartphones and on the use of Zoom for on-line learning; cultural and self-improvement in beginning and conversational Japanese; ukulele, Taiko; develops mental stimulation, Japanese essay writing, English journal writing; and special speakers on safety, civics, and cultural performances.



Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
05533.00	Fujioka/Hayakawa	Alvarado Campus	No Fee	9/21-4/5	Ongoing	1st & 3rd SAT	8:30am-2:30pm

LIFE PLANNING - SENIOR ACTIVITIES

Christ Lutheran Church, 780 Ashbury Ave., El Cerrito, (510) 915-6120. Offering: German, Spanish, basic folk dancing, discussion, HUG group, healthy aging, special program, lunch, seated exercise, ukulele, balance and exercise class.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
05530.04	Kehoe	Christ Lutheran Church	No Fee	9/9-5/19	Ongoing	MON	9:00am-3:00pm

REGISTER ONLINE
TODAY AT

WWW.WCCADULTEducation.COM



CPR

Enrollment is limited to 12 students. This course meets the requirements established by state childcare licensing (EMSA), bus drivers (EMSA), clear credentials, healthcare and a wide variety of professional, state and federal agencies. Must be able to read and understand English. Certification is awarded upon successfully passing skills and written exam. Be on time to class. Doors close at 8:10am. Students who need recertification may come to class anytime between 8:00am-9:30am. Recertification fee is \$20. Current certification cannot be expired more than two months. Must bring current certification card at time of registration and to class. \$3 per card for Pediatric payable to Marian Berry during class.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
80105.01	Berry	Alvarado/1	\$49.00	09/21/24	1	SAT	8:00am-1:00pm
80105.02	Berry	Alvarado/1	\$49.00	10/19/24	1	SAT	8:00am-1:00pm
80105.03	Berry	Alvarado/1	\$49.00	11/16/24	1	SAT	8:00am-1:00pm
80105.04	Berry	Alvarado/1	\$49.00	12/14/24	1	SAT	8:00am-1:00pm
80105.05	Berry	Alvarado/1	\$49.00	01/25/25	1	SAT	8:00am-1:00pm
80105.06	Berry	Alvarado/1	\$49.00	02/08/25	1	SAT	8:00am-1:00pm
80105.07	Berry	Alvarado/1	\$49.00	03/15/25	1	SAT	8:00am-1:00pm

**REGISTER ONLINE
TODAY AT
WWW.WCCADULTEDUCATION.COM**

CLINICAL MEDICAL ASSISTANT

In this program, you will learn medical terminology, front and back office procedures, standard patient processing, medical billing and customer service. Students will be trained to help physicians care for patients, take vital signs, perform basic lab tests and administer medications in a doctor's office or clinic. The program includes 160 hours of classroom instruction and a 160-hour medical office externship. Students will be prepared to take the Clinical Medical Assistant Certification (CMAC) exam through the American Medical Certification Association (AMCA).

Program Fee: \$2,995 (includes CPR certification training for the Healthcare Provider, liability insurance, externship, name badge, national exam and certificate). **Textbooks, scrubs and medical kit sold separately.** *No-interest payment plans available, everyone qualifies.*

Prerequisites: 18 years of age and a high school diploma or equivalent.

Schedule Types:

Evening class – Monday through Thursday, 5:30 pm – 9:30 pm

Register online: calregional.com/enroll-now or call (800) 927-5159

ELECTROCARDIOGRAM (EKG) TECHNICIAN (ONLINE TRAINING PROGRAM)

As an EKG Technician you will learn to operate and monitor electrocardiogram equipment for patients during diagnostic testing and surgical procedures. They report their findings to physicians who make diagnostic decisions based on the results. EKG technicians are also responsible for the maintenance of equipment and preparing patients for various cardiovascular tests. The program includes 52 hours of online training through live, instructor-led lectures and self-paced training modules. Students will be prepared to take the Electrocardiogram Technician Certification (ETC) exam through the American Medical Certification Association (AMCA).

Program Fee: \$1,995 (includes national exam and certificate, students will need access to high-speed internet and computer to take this course.) **Textbooks sold separately.** *No-interest payment plans available, everyone qualifies.*

Schedule Types:

Evening class – Monday and Wednesday, 5:30 pm – 9:30 pm

Register online: calregional.com/enroll-now or call (800) 927-5159

REGISTER ONLINE

TODAY AT

WWW.WCCADULTEducation.COM

+ COMPUTER APPLICATIONS**GOOGLE SUITE - LEVEL I**

This class will give students an overview and teach students how to use Google Suite's popular cloud-based apps to create, collaborate, and share different files. Students will learn to store and manage files in Drive, create and format documents in Docs, work with spreadsheets in Sheets, create presentations in Slides, and create surveys in Forms. Students will also learn a few tips on managing email, sending Google Drive attachments with Gmail, and managing events with Calendar. Students are encouraged to Bring Their Own Devices (BYOD).

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04600.00	Miller	Alvarado/4	\$95.00	9/9-9/25*	9	MON & WED	6:00pm-8:00pm
04600.01	Miller	Alvarado/4	\$95.00	2/3-2/26*	9	MON & WED	6:00pm-8:00pm

*No Class 2/17, 2/19

MICROSOFT EXCEL - TIPS AND TRICKS

If you already work with Excel but would like to learn new tips and tricks to streamline your workload to a new level, this class is for you! Are you still spending lots of time working on spreadsheets? The tips and techniques taught in this course will help you work with data in a variety of time-saving ways using Tables, Pivot Tables, VLOOKUP, and more. Be prepared to use your creative and critical thinking skills to reach final data outcomes.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04510.00	Miller	Alvarado/7	\$65.00	9/9-9/25*	4	TUE & THU	6:00pm-8:00pm
04510.01	Miller	Alvarado/7	\$65.00	2/3-2/26*	4	TUE & THU	6:00pm-8:00pm

USING AI FOR YOUR JOB SEARCH NEW

In today's competitive job market, leveraging advanced tools can give you an edge. In this course, students will learn to organize their job search, prepare a professional resume, and submit a compelling cover letter using AI tools. Through a combination of in-class activities and independent projects, students will gain hand-on experience with AI technologies, including ChatGPT and job search platforms like Indeed and Idealist. By the end of the course, students will have applied to multiple jobs, equipped with the skills and confidence needed to navigate the modern job application process effectively.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04516.00	Valdovinos	Alvarado/5	\$111.00	9/10-10/1	7	TUE & THU	6:00pm-7:30pm
04516.01	Valdovinos	Alvarado/5	\$111.00	1/14-2/4	7	TUE & THU	6:00pm-7:30pm

REGISTER ONLINE
TODAY AT

WWW.WCCADULTEducation.COM

FALL 2024
WINTER 2025

WEST CONTRA COSTA

**ADULT
EDUCATION**



www.wccadulthoodeducation.com



NOW ENROLLING!
VISIT WCCADULTEDUCATION.COM
TO REGISTER!

WEST CONTRA COSTA ADULT EDUCATION

COURSE CATALOG

**Adult Basic Education • High School Diploma • Citizenship • ESL • Trades Skills •
Healthcare Programs & more!**

Alvarado Campus • 5625 Sutter Avenue • Richmond, CA 94804 • 510-231-1453

WEST CONTRA COSTA

ADULT EDUCATION



ADMINISTRATION

Principal: Mr. Gregory Brooks

WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

Jamela Smith-Folds, Trustee, Area 1

Otheree Christian, Trustee, Area 2

Mister Phillips, Trustee, Area 3

Demetrio Gonzalez Hoy, Trustee, Area 4

Leslie Reckler, Trustee, Area 5

Lola Abdugapparov, Student Trustee

Camille Paucar, Student Trustee



REGISTER

REGISTER ON-LINE:

Go to www.wccadulthoodeducation.com and click "Register Here" or any register on-line link. Credit or debit card required for payment.

REGISTER IN PERSON:

Alvarado Campus, 5625 Sutter Ave. Richmond. Check, Credit and Debit cards accepted. Forms are available in the office.

REGISTRATION TIMES & LOCATIONS:

ALVARADO CAMPUS, 510-231-1453	8 AM-5:30 PM 8 AM-4 PM	MON-THU FRI
DEJEAN ADULT CENTER, BLDG E, 510-231-1453 Entrance at 35th and Chanslor Ave.	8 AM-4 PM	MON-FRI
RICHMOND HIGH, EVENING ESL, 510-231-1450, EXT 27787	6 PM-9 PM	MON-THU

TO REGISTER BY MAIL:

Registrations for fee-based Community Interest classes can be completed at the Alvarado Campus or Online at www.wccadulthoodeducation.com.

If you are registering for our High School Diploma, GED, Adult Basic Education classes or our English as a Second Language (ESL) classes, you must first attend an orientation. You can sign up for orientations by calling our office at 510-231-1453, completing in-person registration, or visiting our website at wccadulthoodeducation.com, and selecting the 'Learn English,' 'Earn your Diploma' or 'GED' buttons.

ADVERTISE

ADVERTISING

If you are interested in advertising your local business in our next Adult Education catalog, please contact our Alvarado School at (510) 231-1453.



CALENDAR

REGISTRATION IS NOW OPEN!

+ FALL 2024

AUGUST 27 - TUESDAY

- First day of Fall Classes - ASE/ESL, 55+

SEPTEMBER 2 - MONDAY

- No Classes - Labor Day Holiday

SEPTEMBER 9 - MONDAY

- First Day of Fee Based Classes

SEPTEMBER 26 - THURSDAY

- No Evening Class at High School Sites - Back To School Night

OCTOBER 14 - MONDAY

- No Classes - Reserve Day 1

NOVEMBER 1 - FRIDAY

- No Classes at Elementary Sites - Elementary Conference Day

NOVEMBER 9 - 11 - SATURDAY, MONDAY

- No Classes - Veteran's Day Holiday

NOVEMBER 25-30 - MONDAY-FRIDAY

- No Classes - Thanksgiving Week Recess

DECEMBER 14 - SATURDAY

- Last Day of Fall Fee Based Classes

DECEMBER 23, 2024 - JANUARY 4, 2025

- No Classes - Winter Break

+ WINTER 2025

JANUARY 7 - MONDAY

- First Day of Winter 2025 Classes - ASE/ESL, 55+

JANUARY 13 - MONDAY

- First Day of Winter Fee Based Classes

JANUARY 18-20 - SATURDAY, MONDAY

- No Classes - Martin Luther King, Jr. Holiday

FEBRUARY, 17-22 - MONDAY-SATURDAY

- No Classes - Presidents Week Recess

MARCH 20 - THURSDAY

- No Classes at High School Sites - High School Open House

MARCH 28 - FRIDAY

- No Classes - Reserve Day 2

MARCH 29 - SATURDAY

- Last Day of Winter Fee Based Classes

ADULT EDUCATION OFFICES

ALVARADO CAMPUS MAIN OFFICE LOCATION

5625 Sutter Avenue
Richmond, CA 94804
adulted@wccusd.net

Live Phone or Voice Mail Service
510-231-1453, Press '0' to access office number.

GENERAL INFORMATION

ADMISSIONS/ELIGIBILITY:

Classes are open to all adult students 18 years of age or older, regardless of residency or citizenship.

CHILDREN/UNDER 18:

Children or any individual under 18 years old are not permitted in any Adult Education class.

CLASS CANCELLATION POLICY :

Students must attend the first class session in order to establish the class. Fees are based on a minimum number of students. Classes may be canceled, hours reduced, or fees increased if we do not have the minimum number of students enrolled for all daytime and evening classes.

WCCAE reserves the right to add, cancel, or reschedule courses due to available funding, staffing, scheduling or administrative requirements.

REFUND POLICY :

All requests for refunds must be in writing (email accepted). Class fees will NOT be refunded for any reason if the written request is less than two (2) business days BEFORE the start of class. Refund requests incur a \$25 service charge per class. If a class is cancelled by WCCAE for any reason, a full refund will be made automatically. No refunds are provided for books.

UNIFORM COMPLAINT PROCEDURES/SEXUAL HARASSMENT POLICIES :

WCCUSD recognizes its responsibility to ensure compliance with state and federal laws and regulations governing educational programs and activities. In accordance with state guidelines, WCCUSD has adopted Uniform Complaint Procedures (UCP). The District prohibits any form of sexual harassment. **UCP complaints can be filed by completing the Complaint Form (English) (Spanish)** . Copies of these policies are also available from our office.

NON-DISCRIMINATION POLICY :

West Contra Costa Adult Education does not discriminate on the basis of race, color, national origin, religion, gender or handicap in any of its policies, procedures or practices. <https://www.wccusd.net/Page/9608>

PRIVACY STATEMENT:

West Contra Costa Adult Education is committed to maintaining the privacy of your personal information needed for registration and for student program records. We strictly adhere to the California Department of Education Privacy Policy, (Government Code §1105.5) in our on-site and on-line registration procedures and management of student records.

ORDERING TRANSCRIPTS:

Requests for transcripts can be made in person at our Alvarado Campus, by phone, or by mail. All requests for transcripts must include the following information:

◆ Last Name ◆ First Name ◆ Date of Birth ◆ Street Address ◆ City-State-Zip Code ◆ Telephone number ◆ Alternate names used ◆ Last school attended ◆ Graduation status.

The transcript request form is available on our website, <https://www.wccadulthoodeducation.com/transcripts>.

There is a \$5.00 charge per transcript which must be paid at time of request. There is a 3-5 day processing time. Mail your request to: WCCAE - Alvarado Campus, 5625 Sutter Ave., Richmond 94804, along with a check or money order payable to : West Contra Costa Adult Education. You may also email your completed transcript request to adulted@wccusd.net.

To request your High School Equivalency transcripts (formerly known as the GED), please contact https://ged.com/life_after_ged/ or call Customer Service at 1-916-319-0800.

TABLE OF CONTENTS

Fall 2024 | Winter 2025

<i>Administration</i>	Inside Front Cover
<i>West Contra Costa Unified School District Board</i>	Inside Front Cover
<i>How to Register</i>	3
<i>Calendar</i>	4
<i>General Information</i>	5

Adult Secondary Education

High School Diploma	8
GED	8
Adult Basic Education	8

English as a Second Language and Citizenship

English as a Second Language (ESL) and Citizenship Classes	9
--	---

Adults With Disabilities

Language Development Skills	10
-----------------------------------	----

55+ Classes

Lifelong Learning - Sakura Kai	10
Life Planning - Senior Activities	10
Welcome To Medicare	11

Community Interest

Arts & Culinary

Arts

Creative Consciousness Art Class	12
Metal Art	12
Crafting For Your Home: Beginners' Course NEW	13
Sculpting Figure Forms in Clay; Facial Features	12
From Heart to Paper Witing Workshop	13

Culinary

Fabulous Italian Dinner	13
Chana Masala	14
Wonderful Cuisine Of Vietnam NEW	14
Let's Have A Tea Party!	14
Aloo Gobi	15
Let's Make Tamales	15
Matar Paneer	15
Dal Makhni And Vegetable Pulao NEW	15
Hearty Soups	15
New Orleans Cooking	16
Fabulous French Cooking	16
Cuisine Of Bali/Indonesia NEW	16
Besan Pakora: Indian Vegetable Fritters NEW	16

Sewing and Fabric Crafts

First Quilt NEW	17
Basic Beginning Sewing	17
Continuing Sewing I	17

Business and Finance

Accounting/Bookkeeping	17
QuickBooks Online 'Join Us in The Cloud'	18

Dance and Music

Dance

Hawaiian Dance	18
Belly Dance Basics NEW	19

Music

Ukulele - Level I	19
-------------------------	----

Health, Wellness and Fitness

Dayan Qigong	20
--------------------	----

TABLE OF CONTENTS

(Continued)

Zumba (Toning)	20
Balance/Range of Motion	20
Floor Exercise	21
Yoga Foundations Workshop NEW	21
Pai Da Gong NEW	21

Careers in Healthcare

Find Your Dream Career In The Healthcare Industry NEW	22
Dental Assisting	22
Basic First Aid	22
CPR	23

Job Skills Training

Accelerated Healthcare Career Training Program

Billing and Coding Specialist	24
Clinical Medical Assistant	25
Electrocardiogram (EKG) Technician	25
Phlebotomy Technician	27

Computer Applications

Google Suite - Level I	28
Microsoft Excel - Tips And Tricks	28
Using Ai For Your Job Search NEW	28
Java Certified Foundations Associate - Preparation For Examination (1z0-811)	29
Using Ai For Office Administration NEW	29
Using Ai For Social Media Management NEW	29
Microsoft Excel - Level I	30
Microsoft Word 2019 - Level I	30

Food Safety

Entrenamiento para Obtener el Certificado en Preparación de Alimentos: Seguridad e Higiene	30
Food Safety and Certification for Managers	30

Trades

Advanced Automation Controls	31
Reading Comprehension For The Trades NEW	31
Home Maintenance & Repair	31
Stationary Engineering Training	32
Electrical Controls	32
Greywater: Laundry-To-Landscape	32
Certificado De Reparación Y Mantenimiento De Edificios - Principiante	33
Pre-Apprenticeship (Electrician Training)	33
Solar: Sales, Design And Installation NEW	33
Welding	34
Certificado de Reparación Y Mantenimiento de Edificios - Avanzado	34
Heat Pumps, Beginning To Install NEW	34
Home Repair And Framing Carpentry, Introduction To	35
H.V.A.C. I & H.V.A.C. II (Heating, Ventilation & Air Conditioning)	35
Math For The Trades - Part 1 NEW	35

World Languages

Deaf Interpreter - Sign Language I	36
French - Level I NEW	36
Portuguese - Level I NEW	36
¡Hablemos Español! - Spanish I	36
¡Hablemos Español! - Spanish II	37
Italian For Travelers I	37
Italian For Travelers II	37
Italian, Conversational	37

Special Interests

Capitalism, Socialism, And Communism; Political Economic Theory NEW	38
Parents Matter For Dating Matters - Developing Safe And Healthy Conversations With Your Child NEW	38

Registration Form	39
-------------------------	----

WEST CONTRA COSTA ADULT EDUCATION

ADULT SECONDARY EDUCATION

HIGH SCHOOL DIPLOMA, GED
AND ADULT BASIC EDUCATIONALL ADULT SECONDARY CLASSES ARE
FREE OF CHARGE

HIGH SCHOOL DIPLOMA

MORNING CLASSES.

Instructor	Day(s)	Time
DeJean	MON, TUE, WED, THU	9:00am to 12:00pm

EVENING CLASSES.

Instructor	Day(s)	Time
DeJean	MON, TUE, WED, THU	6:00pm to 9:00pm
Richmond High	MON, TUE, WED, THU	6:00pm to 9:00pm

GED - ENGLISH AND SPANISH

To register - www.wccadulthoodeducation.com

GED - ENGLISH

Instructor	Day(s)	Time
DeJean	MON & WED or TUE & THU	6:00pm to 8:30pm
Online	MON & WED or TUE & THU	6:00pm to 8:30pm

GED - SPANISH

Instructor	Day(s)	Time
Richmond High	MON & WED or TUE & THU	6:00pm to 8:30pm
Online	MON & WED or TUE & THU	6:00pm to 8:30pm

ADULT BASIC EDUCATION

Improve your reading, writing, math skills to prepare for your career and enrich your life. To register:

<https://wccae.asapconnected.com/#CourseGroupID=58626>

GED - ENGLISH

Instructor	Day(s)	Time
Alvarado	MON & WED	10:00am to 12:30pm

GED - SPANISH

Instructor	Day(s)	Time
Richmond High	MON & WED	6:00pm to 8:30pm
DeJean	TUE & THU	6:00pm to 8:30pm

LOCATIONS

DEJEAN ADULT CENTER

101 35th Street (Corner of 35th and Chanslor, east side of DeJean Middle School campus), Richmond

RICHMOND HIGH SCHOOL

1250 23rd Street, Richmond

ENGLISH AS A SECOND LANGUAGE (ESL) AND CITIZENSHIP CLASSES

TO REGISTER FOR ESL CLASSES

- **Call:** 510-231-1453, press “0”
- **Online** registration at wccadulthoodeducation.com, go to the ‘Learn English’ button
- **In-person** registration at DeJean Adult Center, Richmond High and Alvarado

CLASSES

- Literacy, Beginning, Intermediate, and Advanced ESL
- Citizenship
- In-person at DeJean, Serra, and Richmond High
- Morning and evening classes available

ESL LOCATIONS AND CLASS SCHEDULES

MORNING CLASSES

Location	Day(s)	Time
DeJean Adult Center, Corner of 35th and Chanslor, Richmond	MON, TUE, WED, and THU	9:00am to 11:30am
Serra Adult Center, 6028 Ralston Ave., Richmond	MON, TUE, WED, and THU	9:00am to 11:30am
Online	MON, TUE, WED, and THU	9:00am to 11:30am

EVENING CLASSES

Location	Day(s)	Time
Richmond High School, 1250 23rd St., Richmond	MON, TUE, WED, and THU	6:30pm to 9:00pm
Online (Zoom) Use your computer, Laptop, or smartphone	MON, TUE, WED, and THU	6:30pm to 8:35pm

TO REGISTER FOR CITIZENSHIP

- **Call:** 510-231-1453, press “0”
- **Online** registration at wccadulthoodeducation.com, go to the ‘Become a Citizen’ button
- **In-person** registration at DeJean Adult Center, Richmond High and Alvarado

CITIZENSHIP LOCATIONS AND CLASS SCHEDULES

MORNING CLASSES

Instructor	Day(s)	Time
DeJean Adult Center, Corner of 35th and Chanslor, Richmond	TUE & THU	9:00am to 11:30am
Online (Zoom) Use your computer, Laptop, or smartphone	MON & WED	6:30pm-8:30pm

EVENING CLASSES

Instructor	Day(s)	Time
Online (Zoom) Use your computer, Laptop, or smartphone)	MON, WED	6:30pm to 8:30pm

New students have to go through orientation and placement before they are enrolled in a class. To register for orientation:

- **By phone:** Call 510-231-1453, press “0”
- **In-person:** Go to DeJean, Richmond High, or Alvarado.

+ ADULTS WITH DISABILITIES**LANGUAGE DEVELOPMENT SKILLS**

Alzheimer Respite - El Cerrito Community Center, 7007

Moerer Lane, El Cerrito, (510) 559-7000. A one day respite designed to help people with dementia stay at the highest function level possible. Activities consist of art, puzzles, memory quizzes, exercise, lunch, live music and a visit from a therapy dog.



Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
70040.00	Kehoe	El Cerrito Community Center	No Fee	9/3-5/27	Ongoing	TUE	10:00am-3:00pm

+ 55+ CLASSES**LIFELONG LEARNING - SAKURA KAI**

This course enhances health with exercise yoga; improves skills in technology with iPhone, iPad, Smartphones and on the use of Zoom for on-line learning; cultural and self-improvement in beginning and conversational Japanese; ukulele, Taiko; develops mental stimulation, Japanese essay writing, English journal writing; and special speakers on safety, civics, and cultural performances.



Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
05533.00	Fujioka/Hayakawa	Alvarado Campus	No Fee	9/21-4/5	Ongoing	1st & 3rd SAT	8:30am-2:30pm

LIFE PLANNING - SENIOR ACTIVITIES

Christ Lutheran Church, 780 Ashbury Ave., El Cerrito, (510) 915-6120.

Offering: German, Spanish, basic folk dancing, discussion, HUG group, healthy aging, special program, lunch, seated exercise, ukulele, balance and exercise class.

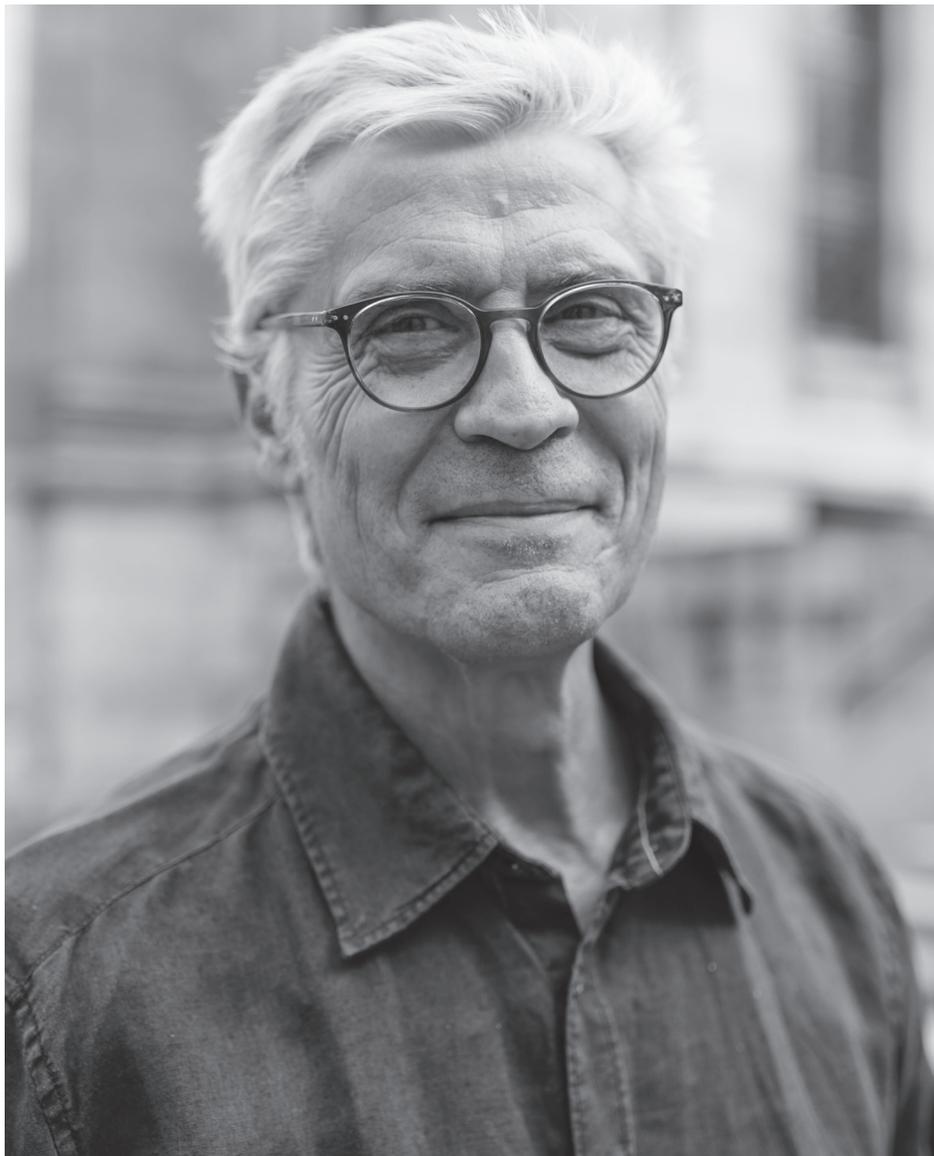
Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
05530.04	Kehoe	Christ Lutheran Church	No Fee	9/9-5/19	Ongoing	MON	9:00am-3:00pm

ADVERTISE**ADVERTISING**

If you are interested in advertising your local business in our next Adult Education catalog, please contact our Alvarado School at (510) 231-1453.

REGISTER ONLINE
TODAY AT

WWW.WCCADULTEducation.COM



WELCOME TO MEDICARE

This course provides an overview of coverage & options for people who are within a few months of starting Medicare. Specifically, attendees will get: Detailed information on Medicare including eligibility, enrollment, costs, and benefits; Information on various options for supplementing Medicare such as Medicare Supplemental Plans (Medigap) and Medicare Advantage Plans; Information on Medicare’s prescription drug benefit and how to choose the optimal plan; Brief overview of how employer, retiree or other insurance works with Medicare, such as retiree plans, COBRA, or the VA.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
44110.01	Chenok	Online	No Fee	09/17/24	1	TUE	3:00pm-4:30pm
44110.02	Chenok	Online	No Fee	10/15/24	1	TUE	3:00pm-4:30pm
44110.03	Chenok	Online	No Fee	11/19/24	1	TUE	3:00pm-4:30pm
44110.04	Chenok	Online	No Fee	12/17/24	1	TUE	3:00pm-4:30pm
44110.05	Chenok	Online	No Fee	01/14/24	1	TUE	3:00pm-4:30pm
44110.06	Chenok	Online	No Fee	02/11/24	1	TUE	3:00pm-4:30pm
44110.07	Chenok	Online	No Fee	03/11/24	1	TUE	3:00pm-4:30pm

COMMUNITY INTEREST



+ ARTS AND CULINARY

ARTS

CREATIVE CONSCIOUSNESS ART CLASS



This course is for those who would like a creative space and break from the hustle and bustle of life. The art class is open to all: from beginners to seasoned artists. Its main focus is to create a space for conscious meditation and wellness while creating art. It starts with a five minute mindfulness music meditation. Guided direction provides support, techniques, and skills as the artist creates their masterpiece using mixed media in paints, pencils, pastels, or watercolor etc. The art created during this zen consciousness is released from the subconscious, creating a celestial and sublime work of art.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
10613.00	Clark-Anokye	Alvarado/1	\$96.00	9/11-10/2	4	WED	7:00pm-9:00pm
10613.01	Clark-Anokye	Alvarado/1	\$96.00	1/15-2/5	4	WED	7:00pm-9:00pm

METAL ART

Learn the craft of creating art with different types of metals. You will learn how to use several welding skills such as Mig, Tig, Oxy/Acetylene, Plasma and Stick. Students will use various metal forming techniques to make different shapes. Create metal sculptures, patio furniture, wall decor, lamps, picture frames, animal art, jewelry, abstracts, special gifts and much more. Safety and tools used will be discussed at our first meeting. Come join our world of metal artists.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06224.00	Bartoni	El Cerrito High/ Auto Shop	\$615.00	9/13-12/13*	13	FRI	6:00pm-9:00pm
06224.01	Bartoni	El Cerrito High/ Auto Shop	\$457.00	1/17-3/21*	9	FRI	6:00pm-9:00pm

*No Class 11/29, 2/21, 3/28

CRAFTING FOR YOUR HOME: BEGINNERS' COURSE **NEW**

This crafting course encourages creativity and resourcefulness while empowering students to transform ordinary materials into beautiful and functional pieces for their homes. Whether students want to personalize their living spaces or explore a new hobby, this course provides a supportive and engaging environment for beginners to unleash their creativity and craft confidently. This course will cover items such as coasters, wooden vases, holiday ornaments/wreaths, and home welcome signs. There will also be space to explore your own craft ideas.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
10621.00	Rodriguez	Alvarado/4	\$251.00	9/14-10/12	5	SAT	8:30am-1:00pm

SCULPTING FIGURE FORMS IN CLAY; FACIAL FEATURES

Sculpting is a powerful form of expression! This course is an opportunity for adults to experience figurative clay sculpting technique featuring the human face. We will focus independently on creating Nose, Eyes, Ears and Mouth features, completed as multiple independent projects. Come try your hand at this beginning course that will be engaging and fun with lots of room for success.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
10661.01	Bruce	Alvarado/8	\$189.00	9/14-11/16*	5	SAT	10:30am-1:00pm
10661.01	Bruce	Alvarado/8	\$189.00	1/25-3/29*	5	SAT	10:30am-1:00pm

*No Class 9/21, 10/5, 10/19, 11/2, 11/9, 2/1, 2/15, 2/22, 3/1, 3/15

FROM HEART TO PAPER WRITING WORKSHOP

This workshop is for both fiction and non-fiction writers at any level. In addition to instruction by a seasoned writer and publisher, it gives the student time to write and the opportunity to give and receive feedback for their own work and revise, if desired. Each workshop is dedicated to a renowned author whose work and experience are presented as examples of literary achievement to learn from. For example, when the late poet Mary Oliver was featured, we read excerpts from her *A Poet's Handbook* along with her acclaimed poetry.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
12615.00	Murray	Alvarado/10	\$143.00	1/25-3/29	9	SAT	10:00am-12:00pm

CULINARY**FABULOUS ITALIAN DINNER**

Enrollment is limited to 12 students. Join us in the preparation of this wonderful five course Italian dinner. During this four hour class we will prepare: *Italian Style Cauliflower*, *Eggplant Parmesan*, *Scampi Primavera*, *Cannelloni* and *Frozen Amaretto Souffle*.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30525	Coe	Alvarado/12	\$76.00	09/14/24	1	SAT	10:00am-2:00pm



CHANA MASALA

Enrollment is limited to 10 students. Learn in this class how to prepare delicious dishes from northern India. Enjoy a complete meal with: Chana Masala (chickpeas), Pulao (traditional basmati rice) and cucumber raita (yogurt with cucumber and cumin). Learn how to make an extremely flavorful, and satisfying healthy, plant based meal. Ingredients list will be provided via email after registration

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30503.00	Mann	Alvarado/12	\$34.00	09/28/24	1	SAT	2:00pm-4:30pm

WONDERFUL CUISINE OF VIETNAM **NEW**

Enrollment is limited to 12 students.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30526.00	Coe	Alvarado/12	\$76.00	09/28/24	1	SAT	9:00am-1:00pm

LET'S HAVE A TEA PARTY!

Enrollment is limited to 12 students. Try something different!!! A tea party is a great way to entertain friends for a luncheon, baby or bridal shower, birthday or any other special occasion. During this four-hour class we will make a variety of finger sandwiches, cakes and or cookies and learn about the presentation of the food. We will briefly discuss the three major types of tea (high tea, low tea and Chinese tea). We will explore a variety of teas and discuss the proper preparation of tea. A cup of tea with a friend or relative is a chance to share a ritual enjoyed by people worldwide. It is a time to enjoy the warmth and comfort offered by a cup of tea. It is a wonderful way to take your mind off stressful matters.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30516.00	Coe	Alvarado/12	\$76.00	10/12/24	1	SAT	10:00am-2:00pm

ALOO GOBI

Be an expert in cooking a complete north Indian dinner. A pure healthy vegetarian meal, which is prepared with fresh vegetables, spiced with fresh herbs, and sprinkled with mouthwatering Indian spices. Ingredients list will be provided via email after registration.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30506.00	Mann	Alvarado/12	\$34.00	10/19/24	1	SAT	2:00pm-4:30pm

LET'S MAKE TAMALES

Enrollment is limited to 12 students. Tamales are a traditional Mexican party food and almost always prepared communally. It is a real social event. Making tamales is a lot easier than you might imagine, especially with a lot of helping hands. We will make chicken, pork and a sweet tamale. Suggestions will be given on how to make vegetarian tamales. Join us for this social event.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30524.00	Coe	Alvarado/12	\$76.00	11/09/24	1	SAT	10:00am-2:00pm
30524.01	Coe	Alvarado/12	\$76.00	12/14/24	1	SAT	10:00am-2:00pm

MATAR PANEER

Learn how to make this vegetarian north Indian dish consisting of peas and paneer (Indian cheese) in a tomato based sauce, spiced with various spices. Vegetable Pulao: Vegetable Pulao is a rice dish prepared by cooking rice with various vegetables and spices. Ingredients list will be provided via email after registration.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30509.00	Mann	Online	\$24.00	12/14/24	1	SAT	9:00am-12:00pm
30509.01	Mann	Online	\$24.00	02/01/24	1	SAT	9:00am-12:00pm

DAL MAKHNI AND VEGETABLE PULAO **NEW**

Enjoy cooking with me, this delectable buttery Punjabi dish of lentils Dal Makhani. This is one of the most popular lentil recipes from the North Indian Punjabi cuisine made with whole black lentils and kidney beans. This is garnished with butter/ghee/cream to give a creamy smooth texture, which is a rich combination of dried and fresh spices and herbs. Vegetable Pulao: Vegetable Pulao is a rice dish prepared by cooking rice with various vegetables and spices.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30547.00	Mann	Alvarado/12	\$34.00	01/25/25	1	SAT	2:00pm-4:30pm

HEARTY SOUPS

Enrollment is limited to 12 students. There is nothing more heartwarming than a bowl of hot soup. During this four-hour class you will be learning how to make five different soups. These soups will make any meal a big hit. We will be making: Chicken and Dumplings; Mushroom, Beef and Barley Soup; Butternut Squash Soup; Hearty Winter Vegetable Soup; Kale and White Bean Soup.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30512.00	Coe	Alvarado/12	\$76.00	01/25/25	1	SAT	9:00am-1:00pm



NEW ORLEANS COOKING

Enrollment is limited to 12 students. The wonderful world of New Orleans cooking will be featured in this course. This style of cooking is hearty, spicy and vibrant. We will prepare the following dinner: Seafood Gumbo, Blackened Red Fish, Dirty Rice, and Sweet Potato Pecan Pie.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30514.00	Coe	Alvarado/12	\$76.00	02/08/25	1	SAT	10:00am-2:00pm

FABULOUS FRENCH COOKING

Enrollment is limited to 12 students. During this four-hour workshop you will learn some of the basics of French cooking and be able to prepare several wonderful entrees: French Onion Soup, Cheese Soufflé, Chicken Cordon Bleu, Ratatouille, and Crepes Suzettes.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30530.00	Coe	Alvarado/12	\$76.00	03/08/25	1	SAT	10:00am-2:00pm

CUISINE OF BALI/INDONESIA **NEW**

Enrollment is limited to 12 students. Venture into the cooking of Bali/Indonesia. If you like Southeast Asian food you will love Indonesian cuisine. During this 4-hour class we will prepare some Indonesian favorites: Bakmi Goreng (fried noodles); Gado Gado (vegetables with peanut sauce); Ayam Pukang (Chicken with Coconut Milk); Soto Ayam (Spicy Chicken Soup); Klepon (Sweet Coconut Rice Balls).

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30518.00	Coe	Alvarado/12	\$76.00	03/22/25	1	SAT	10:00am-2:00pm

BESAN PAKORA: INDIAN VEGETABLE FRITTERS **NEW**

Learn how to make these vegetarian mouthwatering appetizers. These are crispy bite size vegetable fritters which are irresistible and you keep popping into your mouth one after another. These are coated with chickpea (gram flour) and are loaded with fresh vegetables, spices and herbs.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
30547.00	Coe	Alvarado/12	\$24.00	03/15/25	1	SAT	10:00am-2:00pm

+ SEWING AND FABRIC CRAFTS

FIRST QUILT **NEW**

If you have basic machine sewing skills you can quilt and enjoy creating something beautiful and long-lasting. This class takes you from designing to binding your first small quilt using a simple pattern and straight machine stitching. You will be introduced to techniques to choose colors and layout your pattern. Learn to use rotary cutters, cutting mats and the walking foot. You can bring your own machine as long as you know how to use it. This is not a beginning sewing class.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
60116.00	Bono	Alvarado/3	\$206.00	9/11-11/13	10	WED	6:00pm-8:30pm
60116.01	Bono	Alvarado/3	\$206.00	1/15-3/26*	10	WED	6:00pm-8:30pm

*No Class 2/19

BASIC BEGINNING SEWING

Enrollment is limited to 10 students. No machine needed for the first class, machines are provided. This course provides hands-on in person instruction. Ms. Lang likes to make the sewing class a fun, collaborative group experience. She has 22 years of experience teaching sewing.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
60101.01	Lang	Alvarado/11	\$178.00	10/3-12/12*	9	THU	6:15pm-8:45pm
60101.02	Lang	Alvarado/11	\$178.00	1/23-3/27*	9	THU	6:15pm-8:45pm

*No Class 10/31, 2/20

CONTINUING SEWING I

Enrollment is limited to 3 students. This class will be joining the already existing basic sewing class. Continuing Sewing is designed for students who have taken the Basic course and are ready to further their sewing skills with a basic or intermediate project. Review of basics, increased understanding of your machine and additional techniques. (This class is not for beginners!)

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
60105.00	Lang	Alvarado/11	\$153.00	10/17-12/12*	7	THU	6:00pm-8:45pm
60105.01	Lang	Alvarado/11	\$153.00	2/6-3/27*	7	THU	6:00pm-8:45pm

*No Class 10/31, 2/20

+ BUSINESS AND FINANCE

ACCOUNTING/BOOKKEEPING

Learn how to set up books, process business transactions, and do end-of-period reporting for a simple business. Become familiar with depreciation, bad debts, and leave the class knowing the Accounting Equation. First 4 classes will be preparation for Comprehensive Exercise and last 2 classes will be independently completing Comprehensive Exercise and review of completed Comprehensive Exercise with teacher's assistance. Course recommended before taking QuickBooks. *Textbook required; ordering information will be sent upon registration.*



Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
11701.00	O'Neill	Alvarado/5	\$95.00	9/9-10/21*	6	MON	6:30pm-8:30pm
11701.01	O'Neill	Alvarado/5	\$95.00	1/13-3/3*	6	MON	6:30pm-8:30pm

QUICKBOOKS ONLINE - 'JOIN US IN THE CLOUD'

Prerequisite: *Computer Typing (Minimum typing speed must be 25 wpm), Introduction to Computers, or equivalent computer skills and Accounting/Bookkeeping (see the Business and Finance section).* QuickBooks Online [QBO] for employees, company owners, accountants and others to effectively use the software for all of their small business accounting needs. Students learn management tasks for mastering the essentials including deciding which QBO level is best for the business, customizing the company settings, setting up customers, recording bank deposits, setting up bank feeds and reconciling bank and credit card accounts. More advanced topics include creating purchase orders, setting up sales tax, preparing journal entries, transferring funds between accounts, setting up user permissions, creating reports using class and location tracking and adjusting inventory quantities. Class is both lecture and hands on with homework. *Textbook is required; details provided upon registration.*

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04509.00	O'Neill	Online	\$127.00	10/23-11/20*	8	MON & WED	6:30pm-8:30pm
04509.01	O'Neill	Online	\$111.00	3/5-3/26	7	MON & WED	6:30pm-8:30pm

*No Class 11/11

+ DANCE AND MUSIC**DANCE****HAWAIIAN DANCE**

Hawaiians call their dance "Hula". There are two categories of Hawaiian dance, Kahiko & Auwana. This class covers only the Auwana that interprets songs through dance. This class starts with a stretch warm up followed by the Hula basics exercise. Choreography will be slowly introduced to students. Questions by students are always welcome. Lyrics and songs will be emailed to students.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04275.00	Hall	Alvarado/ MPR	\$72.00	9/16-12/2*	9	MON	7:15pm-8:15pm
04275.01	Hall	Alvarado/ MPR	\$64.00	1/13-3/17*	8	MON	7:15pm-8:15pm

*No Class 10/14, 11/11, 11/25, 1/20, 2/17



BELLY DANCE BASICS **NEW**

This course will introduce students to the Ancient Art of Belly Dancing: a traditional Middle Eastern dance that originated in Egypt, which features movements of the hips and torso. Belly dancing is not only fun but also great exercise! This improvisational class will include the basic steps, muscle isolations and rhythm knowledge to enable students to create their own unique choreography and/or be able to perform a simple view routine.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04210.00	Kerr	Alvarado/10	\$122.00	1/14-3/11*	8	TUE	7:00pm-8:30pm

*No Class 2/18

MUSIC**UKULELE - LEVEL I**

Enrich your life by learning to play the Ukulele! In this class, the students will learn how to tune a Ukulele, read and play chords and play songs. Students are to supply their own Ukulele.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04268.00	Wani	Alvarado/MPR	\$48.00	9/12-9/26	3	THU	6:30pm-8:00pm

**JOIN OUR TEAM!**

We are always interested in adding to our teaching team. Share your knowledge with your community.

INTERESTED?

Apply online at Ed.Join.org find the "Community Interest Instructor" for West Contra Costa Unified School District Adult Education.



+ HEALTH, WELLNESS AND FITNESS

DAYAN QIGONG

Students will learn one of the most popular forms of Qigong, a part of traditional Chinese medicine developed in China thousands of years ago, and still used in China today. Dayan Qigong means the Wild Goose Form and consists of 64 movements that flow from one movement into the next. In addition to learning the form, the students will learn a set of warm up exercises to increase flexibility and balance. Adaptations can be easily made for people with motor impairments or mobility concerns. Part A includes moves 1-32 of Dayan Qigong, and Part B includes moves 33-64 of Dayan Qigong.

PART A

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
70130.00	Miner	Alvarado/8	\$119.00	9/9-12/2*	10	MON	10:00am-11:30am
70135.00	Dey	Alvarado/MPR	\$119.00	9/11-11/13	10	WED	4:30pm-6:00pm

*No Class 10/14, 11/11, 11/25

PART B

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
70131.00	Miner	Alvarado/8	\$107.00	1/13-3/24*	9	MON	10:00am-11:30am
70136.00	Dey	Alvarado/MPR	\$119.00	1/15-3/26*	10	WED	4:30pm-6:00pm

*No Class 1/20, 2/17, 2/19

ZUMBA (TONING)

Zumba Toning uses lightweight maraca-like toning sticks which enhances sense of rhythm and coordination, while toning target zones including arms, core and lower body.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
02131.00	Cerritos	Alvarado/MPR	\$87.00	9/9-12/9*	11	MON	6:00pm-7:00pm
02131.01	Cerritos	Alvarado/MPR	\$72.00	1/13-3/24*	9	MON	6:00pm-7:00pm

*No Class 10/14, 11/11, 11/25, 1/20, 2/17

BALANCE/RANGE OF MOTION

(B/ROM) This class focuses on building strength as well as flexibility. It is gentle and challenging at the same time. Included are fall/recovery exercises and techniques for getting up off the floor. Classes may focus on stretching and strengthening to improve activities such as yoga, dance, and sports. Techniques are drawn from dance, Pilates, Yoga, and physical therapy. Props will be provided.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
70201.00	Corl-Seidel	Alvarado/MPR	\$79.00	9/12-11/14	10	THU	4:30pm-5:30pm
70201.01	Corl-Seidel	Alvarado/MPR	\$79.00	1/16-3/27*	10	THU	4:30pm-5:30pm

*No Class 2/20

FLOOR EXERCISE

This course is designed to improve back health including strengthening of core, hips and shoulders, glutes and hamstrings. This class is great for general strength as well as rehab from various injuries. This class is non-weight bearing and students remain on the floor throughout each exercise using props provided. Techniques are drawn from dance, Pilates, Yoga and physical therapy.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
70200.00	Corl-Seidel	Alvarado/MPR	\$79.00	9/12-11/14	10	THU	3:15pm-4:15pm
70200.01	Corl-Seidel	Alvarado/MPR	\$79.00	1/16-3/27*	10	THU	3:15pm-4:15pm

*No Class 2/20

YOGA FOUNDATIONS WORKSHOP **NEW**

SOMA YOGA & WELLNESS, 9951 San Pablo Ave., El Cerrito. This is a beginner yoga class for all people interested in learning more about the basic poses of yoga.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
70196.00	Duncan	Soma Yoga & Wellness	\$84.00	9/12-11/7*	8	THU	12:00pm-1:00pm
70196.01	Duncan	Soma Yoga & Wellness	\$84.00	1/16-3/13	8	THU	12:00pm-1:00pm

PAI DA GONG **NEW**

In this short Qigong form we energize several points on each meridian pathway which includes 81 points through gentle tapping. We introduce slow breathing and include gentle stretching as well as some eye hand movement coordination.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
70117.00	Dey	Alvarado/8	\$36.00	11/20-12/11*	3	WED	4:30pm-6:00pm

*No Class 11/27



+ CAREERS IN HEALTHCARE

FIND YOUR DREAM CAREER IN THE HEALTHCARE INDUSTRY **NEW**



This 8-week introductory course is designed for students aged 18 and up, offering a comprehensive exploration of various healthcare professions. It emphasizes the importance of goal setting, soft skills, and ethical considerations. Alongside an overview of select healthcare roles.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
07340.00	Henderson-Byias	Alvarado/3	\$179.00	9/10-10/2	8	TUE & WED	6:00pm-7:30pm
07340.01	Henderson-Byias	Alvarado/3	\$179.00	1/14-2/5	8	TUE & WED	6:00pm-7:30pm

DENTAL ASSISTING

In this course students will learn the basics of dental assisting, what it is, and the fundamental skills required for success. This course will focus on dental anatomy, infection control, and other skill competencies to include, moisture control, pain anxiety control, and how to work with difficult patients. Learning how to use dental handpieces and equipment is an important part of this class and necessary for preparing the dental room and the patient for treatment. Radiation Safety part 1 and part 2 is a key component in this class.

LEVEL 1

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
07336.00	Jawad	Richmond High/606	\$572.00	9/19-12/12	11	THU	5:00pm-8:00pm
07336.00	Jawad	Richmond High/606	\$572.00	9/19-12/12	6	SAT	8:00am-1:30pm

LEVEL 2

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
07337.00	Jawad	Richmond High/606	\$572.00	1/16-3/29	11	THU	5:00pm-8:00pm
07337.00	Jawad	Richmond High/606	\$572.00	1/16-3/29	6	SAT	8:00am-1:30pm

BASIC FIRST AID

Enrollment is limited to 12 students. Members of this class will manage bleeding control, shock, learn to describe and react to burns, spinal injuries, severe allergic reactions, poisoning, diabetes and seizures, etc. Certification is awarded upon successfully passing skills and written exam. Must be able to read and understand English. \$3 extra for EMSA (pediatric) sticker if needed or required for the card. Students who need recertification may come to class anytime between 1:30pm-2:30pm. Recertification fee is \$20. Must bring current certification card at time of registration and to class.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
80110.01	Berry	Alvarado/1	\$29.00	09/21/24	1	SAT	1:30pm-4:30pm
80110.02	Berry	Alvarado/1	\$29.00	10/19/24	1	SAT	1:30pm-4:30pm
80110.03	Berry	Alvarado/1	\$29.00	11/16/24	1	SAT	1:30pm-4:30pm
80110.04	Berry	Alvarado/1	\$29.00	12/14/24	1	SAT	1:30pm-4:30pm
80110.05	Berry	Alvarado/1	\$29.00	01/25/25	1	SAT	1:30pm-4:30pm
80110.06	Berry	Alvarado/1	\$29.00	02/08/25	1	SAT	1:30pm-4:30pm
80110.07	Berry	Alvarado/1	\$29.00	03/15/25	1	SAT	1:30pm-4:30pm



CPR

Enrollment is limited to 12 students. This course meets the requirements established by state childcare licensing (EMSA), bus drivers (EMSA), clear credentials, healthcare and a wide variety of professional, state and federal agencies. Must be able to read and understand English. Certification is awarded upon successfully passing skills and written exam. Be on time to class. Doors close at 8:10am. Students who need recertification may come to class anytime between 8:00am-9:30am. Recertification fee is \$20. Current certification cannot be expired more than two months. Must bring current certification card at time of registration and to class. \$3 per card for Pediatric payable to Marian Berry during class.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
80105.01	Berry	Alvarado/1	\$49.00	09/21/24	1	SAT	8:00am-1:00pm
80105.02	Berry	Alvarado/1	\$49.00	10/19/24	1	SAT	8:00am-1:00pm
80105.03	Berry	Alvarado/1	\$49.00	11/16/24	1	SAT	8:00am-1:00pm
80105.04	Berry	Alvarado/1	\$49.00	12/14/24	1	SAT	8:00am-1:00pm
80105.05	Berry	Alvarado/1	\$49.00	01/25/25	1	SAT	8:00am-1:00pm
80105.06	Berry	Alvarado/1	\$49.00	02/08/25	1	SAT	8:00am-1:00pm
80105.07	Berry	Alvarado/1	\$49.00	03/15/25	1	SAT	8:00am-1:00pm

ADVERTISING

If you are interested in advertising your local business in our next Adult Education catalog, please contact our Alvarado School at (510) 231-1453.

**REGISTER ONLINE
TODAY AT
WWW.WCCADULTEDUCATION.COM**

JOB SKILLS TRAINING

+ JOB SKILLS TRAINING

ACCELERATED HEALTHCARE / CAREER TRAINING PROGRAM



West Contra Costa Adult Education, in partnership with CalRegional, offers affordable healthcare career training programs in the Richmond area.

- No experience necessary.
- Must be 18 years or older and have a high school diploma or equivalent. Classes run year round and have helped hundreds of students get the medical training necessary to be successful in the field.
- NO-INTEREST PAYMENT PLANS AVAILABLE, EVERYONE QUALIFIES!

Call (800) 927-5159 for the latest schedules, information and registration or www.CalRegional.com

Learn about the health care programs at monthly information orientation sessions! Meet online at our live presentation through Zoom meetings. Interact with the host and ask questions. Registration for courses available after the presentation. Sign-up for the next one today! Click here to register:

<https://calregional.com/info-session-signup-richmond-california/>

Contact West Contra Costa Adult Education Transition Specialist, Lillie Clausen for further questions about qualification guidelines, enrollment assistance, or potential scholarship or WIOA financial assistance opportunities. Share your contact information with her by completing your information in the link below and she will respond to your inquiry as soon as possible:

<http://bit.ly/3q6iXBT> or LClausen2@wccusd.net 510-231-1453 x 28001.

BILLING AND CODING SPECIALIST (ONLINE TRAINING PROGRAM)

As a medical Billing and Coding Specialist you will learn to review medical records and translate diagnosis of patients into medical codes including IDC, CPT and HCPCS required by our healthcare system. You will also learn how to work with healthcare professionals to determine care services and manage the claim process. The program includes 148 hours of online training through live, instructor-led lectures and self-paced training modules. Students will be prepared to take the Medical Coding & Billing Certification (MCBC) exam through the American Medical Certification Association (AMCA).

Program Fee: \$1,995 (includes national exam and certificate, students will need access to high-speed internet and computer to take this course.) **Textbooks sold separately.** *No-interest payment plans available, everyone qualifies.*

Schedule Types:

Evening class – Monday and Wednesday, 5:30 pm – 9:30 pm

Register online: calregional.com/enroll-now or **call (800) 927-5159**

CLINICAL MEDICAL ASSISTANT

In this program, students will learn medical terminology, front and back office procedures, standard patient processing, medical billing and customer service. Students will be trained to help physicians care for patients, take vital signs, perform basic lab tests and administer medications in a doctor's office or clinic. The program includes 160 hours of classroom instruction and a 160-hour medical office externship. Students will be prepared to take the Clinical Medical Assistant Certification (CMAC) exam through the American Medical Certification Association (AMCA).

Program Fee: \$2,995 (includes CPR certification training for the Healthcare Provider, liability insurance, externship, name badge, national exam and certificate). **Textbooks, scrubs and medical kit sold separately.** *No-interest payment plans available, everyone qualifies.*

Prerequisites: 18 years of age and a high school diploma or equivalent.

Schedule Types:

Evening class – Monday through Thursday, 5:30 pm – 9:30 pm

Register online: calregional.com/enroll-now or **call (800) 927-5159**

ELECTROCARDIOGRAM (EKG) TECHNICIAN (ONLINE TRAINING PROGRAM)

As an EKG Technician you will learn to operate and monitor electrocardiogram equipment for patients during diagnostic testing and surgical procedures. They report their findings to physicians who make diagnostic decisions based on the results. EKG technicians are also responsible for the maintenance of equipment and preparing patients for various cardiovascular tests. The program includes 52 hours of online training through live, instructor-led lectures and self-paced training modules. Students will be prepared to take the Electrocardiogram Technician Certification (ETC) exam through the American Medical Certification Association (AMCA).

Program Fee: \$1,995 (includes national exam and certificate, students will need access to high-speed internet and computer to take this course.) **Textbooks sold separately.** *No-interest payment plans available, everyone qualifies.*

Schedule Types:

Evening class – Monday and Wednesday, 5:30 pm – 9:30 pm

Register online: calregional.com/enroll-now or **call (800) 927-5159**

REGISTER ONLINE
TODAY AT
WWW.WCCADULTEDUCATION.COM

FAST-TRACK YOUR HEALTHCARE CAREER

All programs \$2,995 or less!

Payment plans available. No experience necessary.

Must be at least 18 years old and have a high school diploma/GED.

- Phlebotomy Technician
- Medical Assistant
- Medical Billing
- EKG Technician

Call Today! 800.927.5159

CALRegional.com



JOIN A FREE
INFO SESSION



WEST CONTRA COSTA

**ADULT
EDUCATION**



CALREGIONAL

PHLEBOTOMY TECHNICIAN

As a Phlebotomy Technician, you will be trained to draw blood samples from patients in a clinical laboratory or public health setting. Over the course of the program, students will receive on-the-job training that includes drawing blood samples from patients, producing quality laboratory results, gaining the trust and confidence of patients and much more. The program includes 104 hours of classroom instruction and hands-on training with an on-site patient service center. Each student must provide 5-10 volunteers to complete the externship portion of the program. Students will be prepared to take the Phlebotomy Technician Certification (PTC) exam through the American Medical Certification Association (AMCA).

Program Fee: \$2,995 (includes CPR certification training for the Healthcare Provider, liability insurance, externship, name badge, national exam and certificate). **Textbooks and scrubs sold separately.** *No-interest payment plans available, everyone qualifies.*

Prerequisites: 18 years of age and a high school diploma or equivalent.

Schedule Types:

Evening class – Monday through Thursday, 5:30 pm – 9:30 pm

Weekend class – Saturday, 8:30 am – 5:00 pm

Register online: calregional.com/enroll-now or call (800) 927-5159

HEALTHCARE TRAINING PROGRAM INFORMATION SESSION

Learn about our upcoming healthcare training programs at our live, online meeting. Get your questions answered in a relaxed, informal setting. Class registration available after the presentation. Sign-up for the next one online: CalRegional.com/infosession or call 800-927-5159.



+ COMPUTER APPLICATIONS**GOOGLE SUITE - LEVEL I**

This class will give students an overview and teach students how to use Google Suite's popular cloud-based apps to create, collaborate, and share different files. Students will learn to store and manage files in Drive, create and format documents in Docs, work with spreadsheets in Sheets, create presentations in Slides, and create surveys in Forms. Students will also learn a few tips on managing email, sending Google Drive attachments with Gmail, and managing events with Calendar. Students are encouraged to Bring Their Own Devices (BYOD).

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04600.00	Miller	Alvarado/4	\$95.00	9/9-9/25*	9	MON & WED	6:00pm-8:00pm
04600.01	Miller	Alvarado/4	\$95.00	2/3-2/26*	9	MON & WED	6:00pm-8:00pm

*No Class 2/17, 2/19

MICROSOFT EXCEL - TIPS AND TRICKS

If you already work with Excel but would like to learn new tips and tricks to streamline your workload to a new level, this class is for you! Are you still spending lots of time working on spreadsheets? The tips and techniques taught in this course will help you work with data in a variety of time-saving ways using Tables, Pivot Tables, VLOOKUP, and more. Be prepared to use your creative and critical thinking skills to reach final data outcomes.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04510.00	Miller	Alvarado/7	\$65.00	9/9-9/25*	4	TUE & THU	6:00pm-8:00pm
04510.01	Miller	Alvarado/7	\$65.00	2/3-2/26*	4	TUE & THU	6:00pm-8:00pm

USING AI FOR YOUR JOB SEARCH NEW

In today's competitive job market, leveraging advanced tools can give you an edge. In this course, students will learn to organize their job search, prepare a professional resume, and submit a compelling cover letter using AI tools. Through a combination of in-class activities and independent projects, students will gain hand-on experience with AI technologies, including ChatGPT and job search platforms like Indeed and Idealist. By the end of the course, students will have applied to multiple jobs, equipped with the skills and confidence needed to navigate the modern job application process effectively.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04516.00	Valdovinos	Alvarado/5	\$111.00	9/10-10/1	7	TUE & THU	6:00pm-7:30pm
04516.01	Valdovinos	Alvarado/5	\$111.00	1/14-2/4	7	TUE & THU	6:00pm-7:30pm

ADVERTISING

If you are interested in advertising your local business in our next Adult Education catalog, please contact our Alvarado School at (510) 231-1453.

REGISTER ONLINE
TODAY AT

WWW.WCCADULTEducation.COM



JAVA CERTIFIED FOUNDATIONS ASSOCIATE - PREPARATION FOR EXAMINATION (1Z0-811)

Get ready for the next step in your education or career. Prepare to take, and pass, the Oracle Certified Foundations Associate, Java certificate exam. Certification validates Java knowledge and skills. Earning the Java Foundations 1Z0-811 certification arms you with the fundamentals of Java programming, enabling you to demonstrate both conceptual knowledge and skills. This course is also available through an online session which will run concurrent with the in-class session.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04591.00	Dison	Alvarado/5	\$119.00	9/14-12/14*	10	SAT	10:30am-12:00pm
04591.00 Online	Dison	Online	\$119.00	9/14-12/14*	10	SAT	10:30am-12:00pm

*No Class 9/28, 10/26

USING AI FOR OFFICE ADMINISTRATION **NEW**

Mastering professional communication and event planning is crucial in today's dynamic workplace. In this comprehensive course, students will learn to write effective work emails, create eye-catching fliers, and plan events using AI tools. Through a series of practical lessons and hands-on projects, students will gain the skills needed to manage professional tasks efficiently. By the end of the course, students will have organized an event from start to finish, demonstrating their ability to use technology to enhance their professional capabilities.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04517.00	Valdovinos	Alvarado/5	\$143.00	10/8-11/5	9	TUE & THU	6:00pm-7:30pm

USING AI FOR SOCIAL MEDIA MANAGEMENT **NEW**

Effective project management and social media marketing are essential skills in the modern business landscape. This course provides students with a comprehensive understanding of how to manage marketing projects and create impactful social media content. Utilizing industry-standard tools and techniques, students will learn to plan, execute, and analyze marketing strategies. By the end of the course, students will have developed a complete social media marketing plan and created engaging content for various platforms.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04518.00	Valdovinos	Alvarado/5	\$143.00	11/7-12/12	9	TUE & THU	6:00pm-7:30pm
04518.01	Valdovinos	Alvarado/5	\$143.00	2/11-3/18	9	TUE & THU	6:00pm-7:30pm

MICROSOFT EXCEL - LEVEL I

Knowing how to use Excel is one of the most highly sought after skills in the workplace. Learn the basics of this versatile program and then some. Topics include entering data, navigating around a worksheet and workbook, creating formulas and functions, formatting cells, and creating charts. Practical business-minded examples will be used to help students master these fundamentals

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04507.00	Miller	Alvarado/7	\$127.00	12/2-12/12	8	MON-THU	6:30pm-8:30pm

*No Class 11/11

MICROSOFT WORD 2019 - LEVEL I

Microsoft Word 2019 Level 1 is a complete survey of Microsoft Word introductory skills. Topics covered include working with text, using proofreading tools, creating bulleted and numbered lists, creating tables, working with images, shapes, footnotes, citations, and more.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
04508.00	Miller	Alvarado/7	\$139.00	1/13-1/30*	11	MON-THU	7:00pm-8:30pm**

*No Class 1/20 **NOTE: Class on 1/29-1/30 will meet from 6:30pm-8:30pm

+ FOOD SAFETY**ENTRENAMIENTO PARA OBTENER EL CERTIFICADO EN PREPARACIÓN DE ALIMENTOS: SEGURIDAD E HIGIENE**

Esta clase le preparará para hacer el examen y quedar inscrito en el Registro Nacional para Preparación de Alimentos: Seguridad e Higiene. El certificado es válido por 5 años. El costo incluye 8 horas de clase y el examen. El examen se toma al final del segundo día de entrenamiento. Se requiere un libro de texto que se puede comprar en la oficina de la escuela de Adultos Alvarado.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
40105.00	Lopez/Gloria	Alvarado/4	\$69.00	9/10 & 9/17	2	TUE	4:00pm-8:00pm
40105.01	Lopez/Gloria	Alvarado/4	\$69.00	10/1 & 10/8	2	TUE	4:00pm-8:00pm
40105.02	Lopez/Gloria	Alvarado/4	\$69.00	11/5 & 11/12	2	TUE	4:00pm-8:00pm
40105.03	Lopez/Gloria	Alvarado/4	\$69.00	12/3 & 12/10	2	TUE	4:00pm-8:00pm
40105.04	Lopez/Gloria	Alvarado/4	\$69.00	2/4 & 2/11	2	TUE	4:00pm-8:00pm
40105.05	Lopez/Gloria	Alvarado/4	\$69.00	3/4 & 3/11	2	TUE	4:00pm-8:00pm

FOOD SAFETY CERTIFICATION FOR MANAGERS

This class will help prepare you for taking NRFSP's Certified Professional Food Manager Examination, 5-year certificate. Fee includes the course and exam. Exams will take place during the second class meeting. Students are also expected to review course material independently prior to exam. Corresponding textbook can be purchased at the Alvarado Campus office.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
40103.00	Ruiz	Alvarado/4	\$69.00	9/12 & 9/19	2	THU	4:30pm-8:30pm
40103.01	Ruiz	Alvarado/4	\$69.00	10/3 & 10/10	2	THU	4:30pm-8:30pm
40103.02	Ruiz	Alvarado/4	\$69.00	11/14 & 11/21	2	THU	4:30pm-8:30pm
40103.03	Ruiz	Alvarado/4	\$69.00	12/5 & 12/12	2	THU	4:30pm-8:30pm
40103.04	Ruiz	Alvarado/4	\$69.00	1/16 & 1/23	2	THU	4:30pm-8:30pm
40103.05	Ruiz	Alvarado/4	\$69.00	2/6 & 2/13	2	THU	4:30pm-8:30pm
40103.06	Ruiz	Alvarado/4	\$69.00	3/6 & 3/13	2	THU	4:30pm-8:30pm

+ TRADES**ADVANCED AUTOMATION CONTROLS**

Welcome to Manufacturing Technology. This class is for students who want to become an Automation Technician/Engineer. You will be responsible for installing, maintaining and repairing automated industrial computer controlled systems. Learn different programming skills related to Robotic Automation, PLC's and HMI's. Understand electrical and electronic principles in this trade. We also teach you industrial communication protocols. Learn for the future in this demanding field.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06223.00	Bartoni	El Cerrito High/Auto Shop	\$535.00	9/9-12/9*	11	MON	6:00pm-9:00pm

*No Class 10/14, 11/11, 11/25

READING COMPREHENSION FOR THE TRADES **NEW**

This course prepares students to successfully pass the reading comprehension portion of the skilled trades test (also known as the union apprenticeship test or aptitude test). Students will become critical readers who can identify main ideas versus details, make inferences and predictions, learn vocabulary through context, and understand the different questions being asked. Students will learn test-taking and time-management strategies that could be applied to other parts of the skilled trades tests. This interactive, seminar-style class will keep you motivated, build your confidence to pass the test, and allow you to move forward in your career.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06199.00	Hahn	DeJean/E102	\$174.00	9/9-10/9	10	MON & WED	7:00pm-8:30pm
06199.01	Hahn	DeJean/E102	\$174.00	1/13-2/24*	10	MON & WED	7:00pm-8:30pm

*No Class 1/20, 2/17, 2/19

HOME MAINTENANCE & REPAIR

This course will provide students with basic knowledge and skills to perform small projects around the house. Students will learn how to use a drill, connect water pipes, install minor electrical fixtures, switches, and outlets, find plumbing and electrical shut-offs in an emergency and much much more. The goal of this course is to give a basic understanding in the area of home maintenance. A step by step procedure in repairing plumbing leaks, patch a hole in your wall, or...hang a picture, or...attach a fence board. Students will gain hands-on experience in handy person work.. Tools and supplies will be provided.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06203.00	Staff	DeJean/E108	\$169.00	9/10-10/8	5	TUE	6:00pm-8:00pm
06203.01	Staff	DeJean/E108	\$169.00	1/14-2/11	5	TUE	6:00pm-8:00pm

REGISTER ONLINE
TODAY AT

WWW.WCCADULTEducation.COM

STATIONARY ENGINEERING TRAINING

Previously known as Facility Maintenance Operator Training. For those interested in starting a career as a Stationary Engineer (Local 39). We train you to manage and operate all systems related to Hi-Rise buildings, hospitals, hotels, manufacturing facilities, power plants, school campuses and more. You will learn to operate boilers, chillers, pumps, air compressors, ventilation systems, electrical distribution, fire life safety systems, water treatment and much more. Students will learn welding and fabrication skills related to this trade union. We are an official EPA testing center for Type I, Type II, Type III and Universal certifications. This is a mandatory requirement that will be discussed at our first meeting. We are a hands-on training class.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06222.00	Bartoni	El Cerrito High/Auto Shop	\$615.00	9/10-12/10*	13	TUE	6:00pm-9:00pm
06222.01	Bartoni	El Cerrito High/Auto Shop	\$495.00	1/14-3/25*	10	TUE	6:00pm-9:00pm

*No Class 11/26, 2/18

ELECTRICAL CONTROLS

This course will train you to understand, troubleshoot and repair electrical control systems. Students will learn to read, design, and test electrical schematics and ladder diagrams. Understand motor control, relay logic, circuit protection, transformers, generators, power distribution, building automation networks (BACNET) and basic PLC (Programmable logic controllers). You will learn to read symbols related to control drawings. We provide electrical testing meters and tools. This is a hands-on training class. You will be working with AC and DC power sources (single phase and three phase). Safety will be discussed at our first meeting.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06216.00	Bartoni	El Cerrito High/Auto Shop	\$615.00	9/11-12/11*	13	WED	6:00pm-9:00pm
06216.00	Bartoni	El Cerrito High/Auto Shop	\$495.00	1/15-3/26*	10	WED	6:00pm-9:00pm

*No Class 11/27, 2/19

GREYWATER: LAUNDRY-TO-LANDSCAPE

In this 2-part course, students will learn about the importance of greywater systems and will install a laundry-to-landscape system from start to finish. It is perfect for homeowners looking to do DIY systems or individuals looking to learn the skills to install systems for customers. By the end of the second class, students will have toured a completed system, taken part in classroom instruction, and installed a new system. They will go home with instructions and a parts list to be able to install a laundry-to-landscape system.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06180.00	Staff	Alvarado/10	\$172.00	9/14 & 9/21	2	SAT	9:00am-3:00pm
06180.01	Staff	Alvarado/4	\$172.00	1/25 & 2/1	2	SAT	9:00am-3:00pm

REGISTER ONLINE
TODAY AT

WWW.WCCADULTEducation.COM



CERTIFICADO DE REPARACIÓN Y MANTENIMIENTO DE EDIFICIOS - PRINCIPIANTE

Registración limitada para 10 estudiantes. Esta clase es entrenamiento manual en carpintería, lectura de planos, electricidad, plomería, pintura y reparaciones. Materiales y herramientas serán proporcionadas para uso en la clase. 20 horas 9/12-10/31 tienen que ser completadas para recibir el certificado.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06205.00	Rodriguez	DeJean/E108	\$208.00	9/12-10/31	8	THU	6:00pm-8:30pm
06205.00	Rodriguez	DeJean/E108	\$208.00	1/16-3/13*	8	THU	6:00pm-8:30pm

*No Class 2/20

PRE-APPRENTICE ELECTRICIAN TRAINING

This course provides you with electrical theory and hands-on practices necessary to prepare you for the IBEW apprenticeship test. This trade is in the “High demand” trade category. We train you to understand different electrical systems, wire types, breaker panels, branch circuits, bonding, grounding, load calculations, conduit bending, raceways, motor protection, solar and much more. Learn How to use electrical testing equipment and related tools. Safety Will be discussed at our first meeting.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06284.00	Bartoni	El Cerrito High/Auto Shop	\$535.00	9/12-12/12*	11	THU	6:00pm-9:00pm
06284.01	Bartoni	El Cerrito High/Auto Shop	\$457.00	1/16-3/27*	9	THU	6:00pm-9:00pm

*No Class 9/26, 11/28, 2/20, 3/20

SOLAR: SALES, DESIGN AND INSTALLATION **NEW**

In this course, students will learn important knowledge and gain hands-on experience in the field of photovoltaic (solar) systems. They will learn the concepts behind what makes solar systems work and why they’re important, and also learn the industry skills of selling, designing, and installing solar panels. Whether students are DIY homeowners or individuals looking to break into the industry, this class will prepare them for their next steps. The instructor is a licensed solar contractor who will answer any and all questions.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06239.00	Zeier	Alvarado/10	\$127.00	9/12-11/7*	8	THU	6:00pm-7:30pm
06239.01	Zeier	Alvarado/10	\$127.00	1/16-3/13*	8	THU	6:00pm-7:30pm

*No Class 10/31, 2/20

WELDING

This class is an introduction to the basic principles of manual welding. We begin with SMAW “Stick” welding and over the course session will include other processes such as GMAW “MIG” welding, elements of design & layout, basic fabrication techniques, and the proper use of appropriate shop equipment.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06275.00	Carpenter	Kennedy High/Weld Shop 1	\$209.00	9/12-10/10	5	THU	5:00pm-8:00pm
06275.01	Carpenter	Kennedy High/Weld Shop 1	\$209.00	10/24-11/21	5	THU	5:00pm-8:00pm
06275.02	Carpenter	Kennedy High/Weld Shop 1	\$209.00	1/16-2/13	5	THU	5:00pm-8:00pm
06275.03	Carpenter	Kennedy High/Weld Shop 1	\$209.00	2/27-3/27*	5	THU	5:00pm-8:00pm

*No Class 3/20

CERTIFICADO DE REPARACIÓN Y MANTENIMIENTO DE EDIFICIOS - AVANZADO

Espacio limitado a 10 estudiantes. Prerequisito: Clase de Principiante. La clase de principiante puede tomarse al mismo tiempo que la clase avanzada.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06210.00	Rodriguez	DeJean/E108	\$248.00	9/14-10/12	5	SAT	9:00am-2:00pm
06210.01	Rodriguez	DeJean/E108	\$248.00	1/25-3/1*	5	SAT	9:00am-2:00pm

*No Class 2/22

HEAT PUMPS, BEGINNING TO INSTALL **NEW**

Have you ever heard about a Heat Pump? Have you ever noticed your heating system in your home? Have you ever seen an old furnace? In this introductory class we will discuss the 6-steps to becoming a master level tactician for Heat Pump installations. As your instructor and owner of my own Heat Pump installation company, I will guide you in examining what a Heat Pump is, what are the newest Heat Pumps on the market, and how to install proper ductwork and plenums for a Heat Pump. I am excited to teach you skills that will allow you to level up your employment opportunities!

PART 1 (DUCT RUNNING)

Ducting will involve learning the practical ways to attach ducts to a new home system as well as how to unattach ducts for a retrofit for a home system. Furthermore, we will go into the basic theories of how to make duct sizes correct for optimal results and what considerations you may have to think about.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06185.00	Grimsich	Alvarado/3	\$145.00	9/14 & 9/28	2	SAT	9:00am-2:00pm

PART 2 (PLENUM CREATIONS)

In this course we will build off of our Ducting course to show how to attach ducts to plenums. Before attaching the ducts to the plenums we will learn how to build plenums, and also learn what are some of the different plenum designs out there in the world and why they are used.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06186.00	Grimsich	Alvarado/3	\$145.00	10/12 & 10/26	2	SAT	9:00am-2:00pm

HOME REPAIR AND FRAMING CARPENTRY, INTRODUCTION TO

“Carpentry is the largest of all building trades.” It is a trade that offers many different specialties. In this carpentry class, students will become familiar with the tools, materials, and methods most commonly used in basic building repairs to their own home. They will attain the necessary skills, qualifying them to be hired as an apprentice for construction companies. This class is taught at various times on each day of the week. To see the detailed schedule of the times and days click on “Details” and “View Schedule Dates”. En ésta clase el alumno conocerá las herramientas, materiales y los métodos básicos más comunes usados en reparación de edificios y de hogares. El alumno obtendrá las habilidades necesarias requeridas por las compañías de construcción.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06202.00	Baroody	Richmond High/509	\$430.00	9/14-12/14*	12	SAT	9:00am-12:00pm

*No Class 9/26, 11/9

H.V.A.C. I & H.V.A.C. II (HEATING, VENTILATION AND AIR CONDITIONING)

This class is structured to give you maximum training in the principles and theory of air conditioning and refrigeration systems. You will learn the techniques of soldering, brazing and other welding skills. You will learn how to recover, reclaim and recycle different refrigerants. Students will learn to test, adjust, balance and troubleshoot a variety of heating and cooling systems such as Split Systems, Ductless Systems, Heat Pumps, Ice Makers, Walk-in Boxes, Chillers, Ventilation systems and much more. We are an official EPA testing center for Type I, Type II, Type III and Universal certifications. This is a mandatory requirement that will be discussed at our first meeting. We are a hands-on training class.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06273.00	Bartoni	El Cerrito High/Auto Shop	\$575.00	9/14-12/14*	12	SAT	9:00am-12:00pm
06273.01	Bartoni	El Cerrito High/Auto Shop	\$457.00	1/25-3/29*	9	SAT	9:00am-12:00pm

*No Class 5/25

MATH FOR THE TRADES - PART 1 **NEW**

This course is designed to prepare students to pass local union apprenticeship exams. It will cover the specific math concepts found on the test as well as the test-taking strategies to help students succeed. Students build a strong theoretical foundation and strengthen math skill sets in their specific field of trade.

PART 1

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06150.00	Cascio	DeJean/E102	\$233.00	9/14-10/12	5	SAT	10:00am-2:30pm
06150.01	Cascio	DeJean/E102	\$221.00	1/25-2/15	4	SAT	9:00am-2:30pm

PART 2

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
06151.00	Cascio	DeJean/E102	\$233.00	10/26-12/7*	5	SAT	10:00am-2:30pm
06151.01	Cascio	DeJean/E102	\$221.00	3/1-3/22	4	SAT	9:00am-2:30pm

*No Class 11/9, 11/30

+ WORLD LANGUAGES**DEAF INTERPRETER - ASL/SIGN LANGUAGE I**

This is an introductory course in American Sign Language (sign language). Each individual learns at their own pace. This class teaches the basics of hand position, signing space, ABC's, first 100 plus vocabulary words learned in signing. ASL 1 (sign language) presents the tools and knowledge necessary to respond to simple questions and have a basic conversation in sign language. Level 1 can be repeated if the skills necessary to move on to the next level are not achieved.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
20186.00	Berry	Alvarado/1	\$105.00	9/9-11/4*	8	MON	7:00pm-8:30pm
20186.00	Berry	Alvarado/1	\$105.00	1/27-3/24*	8	MON	7:00pm-8:30pm

*No Class 10/14, 2/17

FRENCH - LEVEL I NEW

French I is a broad-based course designed to introduce students to all aspects of foreign language study. Grammar, reading, writing, speaking, and listening skills are included. Cultural information is provided and taught throughout the duration of the course. Students will do research on various cultural topics. Emphasis is placed on conversation, vocabulary, and correct usage of the language. Correct pronunciation and oral proficiency are primary goals. This requires a daily emphasis on listening and speaking. The classroom experience will provide an appreciation and development of cultural awareness through various reading, media resources, and authentic materials.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
20150.00	Flecchia	Alvarado/3	\$250.00	9/9-11/4*	8	MON	6:00pm-7:30pm

*No Class 10/14

PORTUGUESE - LEVEL I NEW

In this course, students will learn basic competence in all four language skills (listening, speaking, reading, and writing). They will gain insights into the life and customs of Portuguese-speaking countries as well as a developed cultural competence. This course is designed for beginning students with no background in Portuguese language learning.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
20146.00	Santiago Bordes de Melo	Alvarado/4	\$313.00	9/10-11/12	10	THU	7:00pm-8:30pm
20146.01	Santiago Bordes de Melo	Alvarado/1	\$313.00	1/14-3/25*	10	THU	7:00pm-8:30pm

*No Class 2/18

¡HABLEMOS ESPAÑOL! - SPANISH I

A Basic Spanish Course for those starting from scratch. Students will learn the Spanish alphabet and numbers, and learn vocabulary pertaining to telling time, colors, transportation, basic greetings and salutations, shopping, and other words and phrases useful for basic conversation, including travel. Additionally, students will learn basic grammar including present tense verb conjugations, pronouns, gender, and agreement for everyday use.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
20171.00	Flecchia	Alvarado/8	\$250.00	9/10-10/29	8	THU	5:00pm-6:30pm

¡HABLEMOS ESPAÑOL! - SPANISH II

Learn conversation and more! This course is for those who want to add to their basic Spanish knowledge. Students will learn all parts of speech including verb conjugations (i.e, present, past, future, conditional, etc.), adjectives and pronouns, adverbs, possessive forms, reflexive verbs, and more! Students will also develop an understanding of sentence structure. Students will expand their vocabulary in over 25 topic areas including travel, work, and phone conversations.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
20172.00	Flecchia	Alvarado/8	\$250.00	9/10-10/29	8	TUE	5:00pm-6:30pm

ITALIAN FOR TRAVELERS I

This beginner's Italian course is designed for students who are new to the language. The course will cover a range of topics to help students develop their Italian language skills, including speaking, listening, reading, and writing. Students will learn about Italian culture, history, and traditions, and be able to apply their new language skills to real-world situations. Throughout the course, students will work on developing their grammar, vocabulary, and pronunciation skills. By the end of the course, students will have gained a solid foundation in Italian and be able to communicate effectively in basic Italian conversations.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
20141.00	Ciriminna	Alvarado/4	\$188.00	9/11-10/16	6	WED	4:30pm-6:30pm
20141.00	Ciriminna	Alvarado/4	\$188.00	1/15-2/26*	6	WED	4:30pm-6:30pm

*No Class 2/19

ITALIAN FOR TRAVELERS II

This Italian course is designed for learners who have completed a beginner-level course or have some prior knowledge of the Italian language. The focus of this course is to further develop the learners' ability to understand and use Italian in everyday situations with more confidence and fluency. In this course, learners will build on their existing knowledge of grammar, vocabulary, and pronunciation to expand their ability to express themselves accurately and appropriately in a range of contexts. They will also learn more complex grammar structures. A textbook is needed for the first class.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
20142.01	Ciriminna	Alvarado/1	\$188.00	1/16-2/27*	6	WED	4:30pm-6:30pm

*No Class 2/20

ITALIAN, CONVERSATIONAL

This course is designed for adults seeking maximum exposure to Italian in the shortest possible time. The aim of this course is the development of your conversational skills in a relaxed environment. Basic Italian knowledge and a textbook are required to register for this course.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
20143.00	Ciriminna	Alvarado/1	\$78.00	9/12-10/17*	5	THU	7:00pm-8:00pm
20143.00	Ciriminna	Alvarado/1	\$78.00	10/24-11/21	5	THU	7:00pm-8:00pm
20143.00	Ciriminna	Alvarado/1	\$78.00	1/16-2/13	5	THU	7:00pm-8:00pm

*No Class 9/26

+ SPECIAL INTEREST**CAPITALISM, SOCIALISM, AND COMMUNISM;
POLITICAL ECONOMIC THEORY **NEW****

Are you confused about Politics? Economics? Overwhelmed by current events? Feel gaslit by people in power saying this is how it is supposed to be? Are you frustrated with attempts to learn and do something? Do you feel hopeless and helpless when you hear people talk about Capitalism and Socialism, not knowing where to begin? Are you curious what "Political Economy" is and why the US does not teach it? There are reasons for all those things! Political Economy studies both Politics and Economics, as well as how they are inextricably tied together. This was the dominant way to study either field until...people in power changed it!. And they did so for reasons that serve their interests. Learning this helps us have discussions about the conflicts that are happening around us today. Join us, to learn more about the history and current events of: Work/Labor, Class and Conflict, Means of Production, Media and Manipulation, Colonialism and Imperialism, and more!

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
11741.00	Delahunt	Alvarado/8	\$213.00	9/12-11/21*	10	THU	6:00pm-7:30pm
11741.00	Delahunt	Alvarado/8	\$213.00	1/16-3/27*	10	THU	6:00pm-7:30pm

*No Class 10/31, 2/20

**PARENTS MATTER FOR DATING MATTERS - DEVELOPING SAFE
AND HEALTHY CONVERSATIONS WITH YOUR CHILD **NEW****

Is your 9-14 year old child expressing interest in relationships? Would you like to gain helpful tools to better guide them through their transition through adolescence? This course will provide you with these skills so that you are able to have safe and healthy conversations, maintain appropriate boundaries, and build a stronger relationship with your youth. In this CDC developed curriculum, you will learn from Family Justice Center's program manager Ms. L. Johnson to enhance your knowledge about gender-based violence and be able to connect with your fellow parents through storytelling.

Course Code	Instructor	Site/Room	Fee	Start/End	Meetings	Day(s)	Time
50102.00	Johnson	Alvarado/3	\$127.00	9/26-11/21*	8	THU	5:30pm-7:30pm
50102.01	Delahunt	Alvarado/8	\$127.00	1/21-3/18*	8	TUE	5:30pm-7:30pm

*No Class 10/31, 2/18

JOIN OUR TEAM!

We are always interested in adding to our teaching team. Share your knowledge with your community.

INTERESTED?

Apply online at Ed.Join.org find the "Community Interest Instructor" for West Contra Costa Unified School District Adult Education.

FALL 2024 | WINTER 2025 REGISTRATION

MAIL-IN REGISTRATION FORM

Use the registration form located on this page for pre-registration for all classes in the Community Interest section of the catalog.

Alternatively, you can register online at: www.wccadulthoodeducation.com



MAIL-IN REGISTRATION ONLY!

WEST CONTRA COSTA ADULT EDUCATION

REGISTRATION FORM - FEE CLASSES

ALVARADO CAMPUS ♦ 5625 Sutter Ave., Richmond 94804 ♦ Phone: 510-231-1453 ♦ www.wccadulthoodeducation.com ♦ adulted@wccusd.net

NAME _____ DATE _____
LAST FIRST MIDDLE

MALE FEMALE NON-BINARY BIRTHDATE _____

ADDRESS _____

CELL PHONE _____ OTHER PHONE _____ CITY _____ ZIP _____
EMAIL _____

(Required for communication purposes only)

COURSE TITLE _____ INSTRUCTOR _____

COURSE NUMBER _____ FEE \$ _____

COURSE TITLE _____ INSTRUCTOR _____

COURSE NUMBER _____ FEE \$ _____

COURSE TITLE _____ INSTRUCTOR _____

COURSE NUMBER _____ FEE \$ _____

TOTAL FEES \$ _____

CHECK (payable to: WCCAE) Check Number: _____

*Charged for insufficient funds, fee of \$35; cash only.

For statistical reporting only: (Please check the box(es) that applies to you):

Quarter: Fall Winter Spring Summer

Ethnicity: Alaskan American Indian Asian African American Filipino Hispanic White Other _____

Are you receiving financial assistance? Yes No

Are you participating in any of the following: WIOA CalWorks SSI/Disability Ins. Unemployment Benefits

Thank you for selecting WCCAE as your educational provider!

For a confirmation of your registration, please mail registration form, payment and a self-addressed stamped envelope or just indicate to us to use your email address.

Registration is now open | www.wccadulthoodeducation.com

Alvarado Campus • 5625 Sutter Avenue • Richmond, CA 94804 • 510-231-1453

WEST CONTRA COSTA
UNIFIED SCHOOL DISTRICT

ADULT EDUCATION
1108 Bissell Avenue
Richmond CA 94801

Non-Profit
Organization
U.S. Postage

PAID

Richmond, CA
Permit No. 117

ECRWSS

RESIDENTIAL CUSTOMER

